

## Isaiah 58; Lord's Day 38

# KEEPING THE SABBATH DAY HOLY

### 1. An abiding command.

1. The Sabbath has changed in form from Old to New, from a day of physical rest to a day of corporate worship.
2. The Sabbath is a creation ordinance.
3. The Sabbath is one of the ten, which Jesus did not abolish when He fulfilled them.
4. Jesus declared Himself to be the Lord of the Sabbath (Mark 2:28), and He is still Lord.
5. Jesus said that Sabbath keeping would be taking place when He returns (Matt. 24:20).
6. The Sabbath is a picture of heaven, the eternal Sabbath (Heb. 4:9:11).
7. Remember that God blessed the Sabbath (Ex. 20:11 with Gen. 2:3).

### 2. The essence of the Sabbath is resting on our Savior and His perfect work.

1. Sabbath means rest, a cessation of all work and an enjoying of a finished, accomplished work.
  1. God gave Jesus so man can rest from the work of saving himself.
  2. Jesus promises to give rest to the weary and heavy laden in the way of their coming to Him (Matt. 11:28).
2. Thus the fourth command touches all the days of the week and all of our life.
3. The Sabbath was changed to the first day of the week without its essence being destroyed.

### 3. Delightful observance of this day.

1. If Adam, before sin, needed separation of one day from the rest in order to worship God, then we need it much more.
2. Let us rest in Jesus completed work, enjoying His perfect work of redemption.
3. Sanctify the day (not a few hours) by keeping it holy.
4. It means that we work for six days, just as our Father works.
5. The schools refers primarily to the education of men for proclaiming the gospel.
6. Remember that God blessed the Sabbath day.